



# ECHO Autism

## Moving knowledge, not people

ECHO Autism bridges the **care gap** between **autism specialists**, **community health care providers**, and **people with autism**



### HOW IT WORKS

- Providers get specific **case guidance** on individuals at risk for or diagnosed with autism
- Convenient, **web-based** small-group format
- Learn and share **best practices** for managing medical and psychiatric conditions, connecting with community resources, and family/caregiver support

### HOW IT HELPS

- People on the autism spectrum get greater access to faster, easier care with trusted local providers **close to home**
- Families and providers have **reduced costs** by reducing travel, creating more efficient visits and shorter wait for care
- Provides a **long-term solution** in communities by building local capacity for autism care

For rural and underserved communities without access to autism specialists, **ECHO Autism** gives community professionals knowledge and support to care for individuals with autism close to home.



# ECHO Autism: Adult Healthcare

## BENEFITS TO YOU:

- **Free AMA PRA Category 1 Credit™ for each session**
- Maintenance of certification Parts 2 and 4 also offered
- **Real-time case guidance** with multidisciplinary team of autism and behavioral health experts
- Meet a **network of other providers handling similar patient challenges**
- **Ongoing Specialist Support**
  - Direct access to the ECHO Autism Adult Healthcare Hub Team through phone, email

## COMMITMENTS:

- **Commitment to participate in virtual ECHO Autism Clinics** (60-minute clinics, 2 times per month)
- **Present diagnostic cases** to the ECHO Autism Diagnostic Hub Team
- **Complete several study measures** pre- and post-participation in ECHO Autism Adult Healthcare Clinics

## WHAT YOU NEED TO START?

- Internet connection
- Front-facing camera, smartphone or tablet
- Commitment to 1-hour learning sessions twice a month

## Expert HUB Team

### **Beth Malow, MD, MS**

Neurologist, Autism & Sleep Medicine Specialist, Vanderbilt University Medical Center

### **Gary Stobbe, MD**

Neurologist, Autism Specialist, University of Washington Medicine

### **Mavara Agrawal, MD**

Med-Peds Physician & Autism Medical Specialist, Florida International University College of Medicine

### **Rachel Loftin, PhD**

Clinical Psychologist & Autism Behavior Specialist

### **Alexander Westphal, MD, PhD**

Psychiatrist & Autism Behavior Specialist, Yale School of Medicine

### **Stephen Shore, EdD**

Professor, Special Education, & Self-Advocate, Adelphi University

### **Amy Hess, BA, Grad Cert**

Parent Advocate & Family Navigator, Nationwide Children's Hospital

### **David Caudel, PhD**

Physicist, Associate Director & Self-Advocate, Vanderbilt Center for Autism and Innovation

## Questions?

Contact the Study Coordinator:  
Janet Shouse  
janet.shouse@vumc.org

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Institutional Review Board

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